



Machane Mifletzet Packing List

To Bring

- **RAT tests x7**
- Enough clothes for 5 days
 - Tracksuit pants/ leggings x4
 - Pants x1
 - Long-sleeves x3
 - T-shirts x5
 - Face Mask/s x20
 - Clothes to get dirty in (pants, socks, top)
 - Underwear and Socks for x6 (just incase)
 - Warm clothes (jumpers x3, pants, jacket x1)
 - Rain jacket x1
 - Gloves, scarf, beanie (it gets pretty cold!)
 - Hat
 - Chultzah (Habo shirt) - optional
 - Closed shoes for walking
 - Regular comfortable shoes
 - Thongs for the shower
- Sleeping Bag
- Pillow and Bed sheet (They are not provided)
- Water Bottle
- Torch
- Towel
- Toiletries
- Musical Instruments (For skit night / Shabbat)
- Medication (To be given to medic)
 - Throat Lozenges and Stingoos
- Snacks (nut and gelatine free!)
- Teddy bear (get excited)

● Not To Bring:



- Mobile phones
- Ipads
- Singlet tops
- Expensive items
- Food containing nuts
- Meat (including fish and gelatine)
- Energy Drinks

Note: in order to maintain a safe and healthy environment for all chanichim, Habonim Dror will confiscate the following items if found on camp. We will contact parents to organise travel arrangements to be sent home if chanicim are found in possession of the following items:

- Alcohol, drugs, other illicit substances, explosives, any kind of weapon including pocket knives